



## **CRYSTAL LIGHT STOCK ESSENCES** 1/2 oz Stock Level glass bottle

These Crystal Essence mothers are made over a three or more day cycle on auspicious seasonal planetary events and moon cycles. They receive the incoming source energies both day and night, as they sit covered in pure granderized spring water.

Each essence is made in a planetary focus to assist in balancing and raising the stone's recorded consciousness and vibrational healing pattern to its highest frequency possible in this moment.

The particular stones chosen for these essences are usually rough and natural, with the exceptions of covellite, iolite and shattuckite which were sculpted and/or polished. Many have been chosen from specific geographical areas. All have come into our care through ways that have been simple, profound, humorous and magical. They chose us and made sure we found them.

The name following the stone's common name has been given as a key for humanity's use, whether for self, others or the environment.

**Amethyst – The Healer** This is an essence of clearing, healing and illumination. Amethyst, in resonance with, and utilizing the Violet Ray of Transformation, helps to dissolve limiting or restricting cellular memories, thought-forms, and blocks in one's physical and energy bodies. This essence assists all healers, balancers, facilitators and light/energy workers to complete various patterns of absorbing polarized negative energy for another or the environment when taken internally. It supports the purest integration of new spiritual alignments for you during this lifetime through your process of clearing and awakening to your divinity. Your body elemental utilizes this essence consciously and creatively in harmonizing new frequencies and openings of your higher chakras /energy centers for your love, light, wisdom, and true nature to be grounded and known.

**Chevron Amethyst – Inner Balance (purple/ white)** Merging the qualities of amethyst and the white light of the Christ ray this essence urges the bright white light of your soul essence to emerge in true expression and radiance. Chevron Amethyst strengthens ones auric field to support understanding of energetic boundaries. Your body elemental can utilize this essence during aspect or soul retrieval to focus the integrative process for alignment to your divine blueprint and Iugali awareness. This creates an inner balance of one's soul ancient wisdom and new creational consciousness flowing within the Divine Will and how it will apply to this lifetime and lifestyle of freewill.

**Ametrine – Merging** Merging time, history, soul and genetic lineage, Ametrine amplifies the transformational qualities of amethyst into a state of awareness of the now moment. This essence assists expanded states of consciousness while feeling and being physically grounded and present in one's body. It helps to free cellular DNA/RNA memory out of the body into the Akashic soul records. This allows conscious access to one's soul knowledge without dense physical carbon storage, as part of the evolution from polarity and cycles of reincarnation into your Adam Kadmon body of light. Your body elemental utilizes this essence on multiple energetic levels. It promotes mental focus and clear intuition, clairvoyance, and can be a stress reducer creating mental and emotional peace and serenity while one is physically active and focused on the doingness of daily life.

**Apatite – Mind Body Connect (green)** This essence promotes conscious body communication to the sub-atomic level. Why does your body appear the way it does? Apatite helps to reveal, integrate and support the transformation of inner resistance fear patterns, blocked energy, stored emotion, or the need for protection that causes weight gain. Your body elemental can utilize this essence to promote the love of being alive, self esteem, creative expression of abilities, opening the throat chakra, and axial-tonal alignment, and enhanced flexibility and coordination.

**Aquamarine – One Voice** Open to expressing the love, light, power and wisdom of Divine Will as it comes through you. This essence works with your body elemental to transform patterns of thought affecting speech, how you allow your mouth to be used by your unconscious beliefs and emotions, often

when in fear or self-judgment. Taking this essence will also create a vibrational alignment or discerning protection from transient radio, television, and microwave energies (thought packets) influencing your auric field and eventually your immune system. Healers, Balancers, Facilitators will find taking this essence will enhance delivery of their invoked healing energies through their spoken word aligned to the divine will and blueprint.

**Aragonite – Self Identity (Spain)** Center into who you truly are. How do you perceive yourself? Do you look from within to know self – or accept another’s opinion and view of you over your own inner knowing? Your high self and body elemental utilize this essence to clear and transmute perceptions of self, labels of identity that are no longer serving, and block true expression. The effect is noticeable on all body levels, aiding in a sense of serene presence. This essence also aids mental clarity and centeredness, from which to focus and view your daily interactions, accessing inner wisdom and flowing through your priorities without the push pull of those around you.

**Aurichalcite – Mirroring** Mirroring is a moment of choice. A choice point of freedom and acceptance. Be your own unique self-expression. When you look into the mirror do you see your true divine nature and your current reality of expression? This is a gift of mirroring to visually offer the image of inner harmony and beauty through the veils of illusion. This essence assists your body elemental to promote the outer expression of inner peace and serenity. It helps to clear and create a harmonious environment when placed in fountains, flower pots, or on incense. Be a mirror for your own spirit and divine inspiration.

**Azurite – Behold** Develop your awareness of the many spiritual realms and fine-tune your interpretations and understanding of dreams, visions and clairvoyant knowing. This essence assist your body elemental to define a mind/heart/body focus on your spiritual growth. Discern what is astral and what is “heavenly” so you may manifest it now on earth. Behold the kingdoms of heaven, in awe for you are one with them. Ground new ideals and creative intuition through conscious thought and meditation for use on this physical plane. Aids the body’s acceptance of evolutionary change and new energies coming now onto the planet.

**Bloodstone – Repair** Repair the conscious understanding and communication with your body’s wisdom and innate intelligence so that you may assimilate the many energies and changes presented to you in this life. This essence physically supports purity and proper functioning and flow of one’s blood, it attracts oxygenation. On a mental level it connects and encourages heart, root and third eye clarity in aligning conscious thought with highest good. It also can facilitate spiritual openings to inner planes teachers and/or ancient wisdom stored with in the cells, when clear intention, divine timing and courage are present.

**Bornite – Rainbow Earth (Peacock Ore)** Activate, align and synthesize your chakras, energy centers to your divine blueprint. Be the rainbow of color rays of your soul’s expression in happiness, harmony and co-creation. This essence helps your body elemental to stay focused on your set goals and heart’s desires for this life expression. Redirect your beliefs and health into wholeness and well being on all levels. Be confident in your ability to make highest choices for your good. Release disruption and transform it into celebration! Even within your very cells!

*The Calcite essence collection are a part of a planetary centering of celestial energies for a cellular regeneration and transformation program for the carbon based kingdoms. Use them in your garden as well to co-create an environmental harmony for your lifestyle, and to support your flowers, vegetables and landscape to thrive.*

**Calcite – Accepting the Ideal – (Blue)** This essence assists the gentle acceptance of the new higher harmonic energies and helps create a soothing integration into your physical body systems in a timing you will allow. Choose grace and even a rapid shift can go smoothly. Focus on the ideal and allow emotional patterns to release as energy, without drama. Breathe and spend time in Nature.

**Calcite – Beyond the Veil (Clear)** Accept, remember, and be the clear channel of your divine presence. This life, this body, is the lightest and brightest yet. Even through dark times or memory release realize your awakened abilities to see, be and share your spiritual wisdom, a rainbow bridge of light born anew. Know your worthiness to receive from beyond the veil. Feel the love and appreciation for your dedication

to come at this time of great transformation. Allow the blessings to flow to you in goodness, abundance and plenty. Be grateful and receive.

**Calcite – Rejoice (Gold points)** Call forth, collect and be the awakened Christ light embodied. Connect to the planetary Christ grids and walk your path in celebration and revelation. Rejoice in Joy! Be Peace and wear your crown of light.

**Calcite – Heart’s Ease (green)** Complete the cycle of microbial misalignment. Ease your cellular fears of being human here on planet Earth. Open your heart center to inner communion with the mysteries and alchemy of your human body and the many soul gifts that await for you to discover. Being on the Earth is not meant to be separate from your heavenly Creator. Allow the vibration of green calcite to ease your heart, mind, body, and soul as you perceive through new eyes and feelings of love, the world in which you live.

**Calcite – Peaceful Power (orange)** Fitting the pieces of the puzzle together with ease. This calcite is useful during times of change, consciousness expansion and empowerment. Redirect chaotic energies held in the elemental levels of your body into peaceful balanced power and proper alignment for you. Orange calcite gently connects the pathways of soul integration for natural flow into Oneness, wholeness and well-being.

**Calcite – Ground Now! (red)** Enjoy your body! Your body elemental uses this essence to electrify and open your body to the new flow of spiritual light power. Become the director of your life. Be aware of your many thoughts and demands. Consciously tune your creative, base and earth chakras, and energy centers, to utilize your divine blueprint energies. When present, grounded in the now moment, your ideas, goals and inspirations take shape and can manifest your highest good in co-creation with Nature and the Angelic realms. Trust, and with feeling, let your visions go to them. Allow for divine timing, and be open to receive. As you make new choices, ask the Angels and Nature to help you transmute any previous latent potential requests to pure energy so you may be clear and fulfilled in each moment. Enjoy!

**Carnelian – Assimilation** How can I? The words of taking the physical initiative to reach a goal, obtain a desired effect or outcome. Carnelian works synergistically to create a greater whole when combining various crystal light and flower essences and energies together for use with humanity and the animal kingdom. Whether it is the assimilation of light and spiritual energies for transformation, or the intake of nutritional food; carnelian assists the balance and assimilation of whatever you are bringing into your body so it may be utilized to the fullest. It invites the body elemental to clear fear and toxins created during its use in a gentle manner. This essence helps to focus your awareness to your physical form and all the many benefits of incarnation. It inspires optimism and enthusiasm for managing all the many changes occurring at this time.

**Chiastolite – Harmony in Expansion** Align to a higher perception of the reality you accept and create. You are in charge of your expansion. Once used to dispel the energy of curses and victim beliefs.

**Chrysocolla – Artistry** This essence supports co-creation with Nature for all artistic endeavors. Transform cellular fears of being in your divine creative flow and open to manifesting the art, craft of your inner visionary, whatever form your new inspiration may take, Let your imagination lead you to success in business and personal relations. Your body elemental directs universal healing energies with Chrysocolla’s vibrational frequencies to where you may have blocks or resistance in fulfilling your heart’s desires. Let go and flow in harmony with Nature. Help to create paradise once more.

**Chrysophase – Peace of Mind** Allow the conscious thoughts, patterns, beliefs and energies you have and express, move into a balance beyond duality. Connect more fully with your spiritual nature and body of light. This essence is used by the body elemental to integrate seeming negative energies, into conscious understanding and moments of choice to rebuild and recreate your life.

**Citrine – Prosperity** Made from a natural very clear golden piece of non-irradiated citrine, this essence flows with divine focus of living in prosperity and source synergy. Mentally accept as is a reality where all

your needs are met when stated clearly, with feeling and specificity. This essence aids your body elemental to redirect energies of addiction to lack, scarcity, comparison, and competition into the knowing of unlimited source creation. Go direct and collect.

**Copper – Earth Acupuncture** Open your spiritual channel of light and love and allow it to pour forth through you into this physical earth reality. Bring to life your divine blueprint. This essence assists the transformation of cellular history in your genetic structure. Awaken the healing chamber within your heart center for personal enlightenment, soul evolution and blueprint adaptations to maintain vibrant health. Access the many ways your body elemental may use this vibration to realign, reconnect and update your body's electrical system into the now moment and oneness.

**Emerald – Right Action** Make positive life choices with grace and ease. Understand your part and piece of the Divine Plan on earth. Feel excited and ready, willing and able to be responsible for your thoughts, words and actions. Know the true connection to the spiritual realms and the multi-dimensional nature of self while fully incarnating in this lifetime. Become the vessel of discernment, divine knowledge, love and compassion to serve in bringing about a time of world peace and human evolution. Emerald will bring attention to core soul beliefs and fear of taking one's power and enlightenment and help dissipate them with self-awareness, understanding and always the abundance of universal support and love. If taken just once a week, while calling upon Ascended Master Djwhal Khul for assistance, emerald will awaken many positive facets of health, wealth and happiness. Allow for integration to occur gently.

**Flint (brown/white marbled) – Talisman** Guided and protected on your quest. When seeking a spiritual path, identity, and truth of being Flint aids in aligning the personal self with high self, and masters of like presence. Packets of knowledge passed on energetically in geometric shapes, and symbols. Let them awaken from within your heart center. You will be drawn to teachings that spark inner soul wisdom, allow and be the fullness of your knowledge unfolding in this now. Be drawn to talisman and amulets that call to you. Your body elemental uses this essence to facilitate these transfers of knowledge, and to assist cellular regeneration. It harmonizes the endocrine system as it evolves within your divine blueprint. The essence can be used in baths and body oils for imbuing extra healing properties to shed the past and embody your presence through your biggest organ the skin. Release the shyness of being in this body form. Ask what it is bringing you and doing for you, and receive.

**Fluorite (purple) – Creative Opportunity** Allow the violet ray of transformation to move through the skeletal system clearing the blockages that hold you from your ideal with purple fluorite. Give permission for your body elemental to release and align to the cellular level. Stand tall in vibrant health and inspired with gentle ways to create your own divine good. Discern opportunities presented to you from a place of inner knowing. See with inner sight that is pure of psychic projection from others so you may follow your highest good in the moment. What gifts do you bring to the collective? Let fluorite help you discover them.

**Fuchsite – Access Info** Connect the conscious pathways of body, mind and spirit that access understandings and data useful to your current personal lifestyle, health, relationships – in business, community or love. If denial has flaunted your ability to discern the truth of a current situation and be the shining light you are, allow the vibrational energies of fuchsite to guide you into revelation and quiet contemplation of your beliefs, and best course of action. From understanding what herbal/medicinals your body might require to balance specific conditions, to the transfer of stored crystalline records allow fuchsite to assist in clear access of universal knowledge and oneness guided by the heart and love.

**Galena – Recognition (Brushy Creek, Missouri)** This essence is form of melted lead. It vibrates as a grounding rod for physical incarnation. It is an avenue for traveling the inner planes of how your body is created and stores the many soul records. It can be used for deep soul recognition and illumination. It opens a channel of communication with one's body elemental in a way that promotes understanding holistic avenues to harmonize the various body systems. It enhances awareness of current uses for nature's herbal tinctures and homeopathics. If you are ascending through embodying your presence here now, consider use of this essence. May be held, placed topically, or taken as guided to assist emotional blockages that are slowing spiritual growth often held in the lungs, thyroids, lymph or nervous systems. Galena will help you find a common ground with diverse group energies and thoughtforms.

**Garnet (Almandine) - Success** Are you ready to live aligned to your vortex? What do you want to be success-full about? Garnet offers recognition of inner qualities of purity, truth, love, compassion, sensuality, esteem, peace from depression, security, mindful alignments to achieving focused intentions, constancy in friendships, soul recognitions and healing awareness. View life through the experiences of joyful creation and the constancy of abundant expectations. Aligning the electrical potentials of the violet ray. Call forth the ease of change.

**Gaspeite – Friends for Life** This essence promotes synergistic heart connected group energies. Facilitates awareness of your unique gifts, and how they might combine in synergy with each group or personal relationship you are a part of. Merging the many earth realms into conscious awareness and cooperation in communicating imbalances in the current reality creations of humanity. Promotes holistic, healthy, natural solutions to maintain environmental balance and awareness for all Life here on earth. Enhances the beauty way teachings of the indigenous peoples. Aiding your body elemental to resonate harmony through personal growth changes.

**Gold – Solar Worth (Australia)** Balance the scales of prosperity and abundance of human creation with the peaceful, illumination of your source, your golden light within. Define your value and self worth by becoming a living radiance of divine light and manifestations of love inspired by your heavenly creator. Align and attune to the Golden Age of Peace that exists in future earth time.

**Granite (orbicular) – Living in the Moment** (Mount Magnet /Western AU) A User Friendly invitation to expand your perceptions, understandings, knowings and your picture of reality to include more. What next? What Now? What New? This essence was made for the children of all life to glean the wisdom of the ancients while being present here now in their source light embodiment of organic physicality. As an adult, this essence will move you forward by deciding to live in the moment. Live for Now. Your body elemental knows exactly how to utilize this essence for grounding with each shift and reality expression the earth is making.

**Hematite – Earth Child** Travel far and wide in space and time and then bring back your knowledge to share here on earth in a grounded and applicable way for current levels of human understanding. Allows for gentle integration of interstellar frequencies of healing patterns and transitional technologies to assist a more graceful evolution of all life here on Earth. Hematite can aid your body elemental to keep a balance of mental functions during times of expansion as your soul sorts through beliefs and patterning no longer serving. Useful when combined with orange and red calcite.

**Herkimer Diamond - Trinity: (record keeper)** Open your sensory awareness to the clear pure light of your I AM presence. Connect to Earth Mother and access the sourcing blueprint of evolution and ascension. Understand and utilize a state of Being to flow in highest choice for you spiritual growth and selected purpose(s) here now. Used by your body elemental to calm, align and disperse frequencies that harm, distract or block your current growth, health and harmony, Wonderful in balancing new and changing relationships promoting the merging of concepts, beliefs and goals in harmony. Used with Trillium and Bugle this essence facilitates further expansion of creative brain function.

**Hiddenite – Divine Service** Awaken the unknown from within and your connection to the spiritual planes. Open to conscious communication and co-creation with the angelic and cetacean kingdoms. Hiddenite strengthens your conscious choice to be prepared for earth stewardship, guardianship and ascension and to use new source energies being created here on the earth plane for the good of all. Each individual is called by their own soul frequencies to this stone. If it has crossed your path, pause for a moment and see if this essence may be of assistance. Your body elemental works with hiddenite to align the pituitary gland to the planetary logos and the many inter-dimensional portals of the earth body.

**Iolite – Divine Flow** Old to New – clear third eye view- of the now moment. Your body elemental signals strong and clear to jump into the flow of your divine blueprint. Allow your body to unwind the past stored soul memories, imprints, and implants that are resistant to the Now. This essence assists appropriate understanding to insights, visions, and planetary / physical changes. It supports a calm pre sentient

awareness of events that pertain to your life and soul path choices and their divine timing, Sometimes precognitions are given to prepare all levels of your being to receive the destined event with as-is acceptance, grace and ease. Let Iolite help you integrate, and / or change projected choices of past-polarized thinking into highest good.

**Jade – Reverence** This essence was called forth into being to assist humanity in understanding the reverence for all life, including your own. Jade will encourage the healing and completion of genetically stored human beliefs that have developed separation, disregard and disrespect of the many kingdoms of life here on earth and beyond. Jade works on one's energy bodies to align to the true nature of Oneness, imbuing a balanced sense of honor, respect and reverence for cohabitation, co-creation, and guardianship. If you hold judgment towards others treatment of nature, the environment, animals or fellow humans, jade will balance the charges so change may occur for the good of all.

**Jasper (Ocean) – God Goddess Union (Orbicular Madagascar)** I am Enough. I am that I am. I am a Heavenly Creator, a Heavenly Creator I am. Held under water until recent years this stone holds many mysteries and wisdom of the origins of life here on earth. Be that as it may, when you are called from inner promptings to begin the sacred dance of union, male and female, god and goddess, and all the roles one can play in humanity allow this essence to guide you. Let its vibrational signature lead you into the very essence of your soul for integration, retrieval, expansion and union merging into who you are right now. Your body elemental will utilize this essence for elimination of toxins, stimulate graceful shifts in consciousness, and evolving alignments of your chakra system with your Adam Kadmon body of light. Honor the gender you were born and ask to discover the gifts of this lifetime. Be open to the union and receive.

**Kornerupine – The Open Door** Come to a peaceful understanding of eternal life and the many forms it may take in the Oneness. Open the door of conscious awareness to your creator and the purpose of choosing to be in a sentient human form at this time. Heal the illusion of separation and be reunited with the divine. Your body elemental utilizes this essence on all levels of this incarnation to transform, transmute and transition based on your conscious choices made in union with your creator, your I AM and your spiritual guides and angels.

**Kunzite – Aligned Passion** Kunzite carries the power of love to elevate the emotions of experience into understanding and heart knowing. When you are complete with the swings and manipulations of fear based dramas, let Kunzite draw you into co-creation with other like hearted / minded beings who are in service in right use of will, with aligned passion. Your body elemental utilizes kunzite for aligning the body's energy centers or chakras with your blueprint. With direction and intent, life's passion, force, love will flow for personal healing before a crisis need occur.

**Kyanite – Cellular Alignment** Conceive it and it shall be so, embody it and it is done. This essence helps to establish the ease and adaptability of cellular recoding to humanities divine blueprint and the harmonizing of your own unique frequencies within it. Allow your I AM to consciously direct your body elemental in the priority of integration based on your intention, level of feeling and specificity of focus. Consciously choice of peace, grace, happiness and gentleness. It will enhance awareness of your Akashic soul records when you ask. It can assist in the expression of your creative potential when partnered with Vervain, White Violet, Edelweiss and Plum.

**Labradorite – Aligned Destiny** Bring together your intuitive flashes and intellectual thought skills to stay in the flow and enthusiasm and discernment of what action to take to experience what you have envisioned. Maintain a true sense of self as you traverse the many planes of transformation leading to your ascension out of duality and into a union with your source, often called the oneness of all that is. Labradorite will assist making familiar habits and comfortable beliefs a bouncing forward place to create new possibility and potential changes that add more to your love of life and boundless vitality. Align with love and the enjoyment of your destiny for it is good.

**Larimar – Nurturing** (Blue pectrolite/dolphin stone Dominican Republic). Restore your sense of wholeness. Calm the fires of temper and infectious elements of soul integration. Feel the nurturing support

of your Earth Mother. Fill the longings held inside, open your heart center let love reside. Your body elemental utilizes this essence for current cellular changes, with frequencies akin to acceptance and enthusiasm.

**Lepidolite - Heart Harmony** A second mother made to expand heart harmony for the soul to source. Carries the purity forward into one's greater being with the wave of peace. Choose to choose new thoughts and experiences that feel good to you! Allow past creations out of alignment to your well-being let go their control as you make new choices...

**Malachite – Divine Leadership** With assistance and direction through divine will, merge earthly power and spiritual power to lead humanity into an age of peace. Be a leader without followers, as you learn to be masterful in co-creative solutions, resolving age old conflicts and issues of fear and separation within self first then assisting others.. Allow your life's journey to be one of strength and conviction to reveal truth and abolish deceit born of ego and personal will. Be willing to share your knowledge when called upon, to evolve society's code of ethics to be in balance with universal law and divine will.

**Moldavite – Divine Assistance** What plane of spirit will you call out to for help, guidance, even rescue from life threatening events? Where does your heart lead you beyond the control of mass conscience beliefs? When you are feeling boxed and stifled with the life you have created, allow this moldavite essence to bring you the appropriate divine assistance you will accept in the moment and let it expand. Whether through the power of prayer or meditation, exercise or ritual, call forth spirit to move through your life and gently guide you to your victories. In small perceptual shifts or by quantum leaps intend your body elemental to draw in the healing energies that will dissolve the resistance for assistance to fulfill your immediate needs and your heart's desires.

**Nephrite – Divine Partnership (N.Z. green stone)** A stone of Love. From a place in your heart there comes a call for love. A song of the soul to share your walk in Life with a partner of like divine wisdom. This may be someone(s) you have known in other lives or a new presence on earth that has no history with you and yet you have much in common on many levels all based on love. This essence activates the keynote within your fields announcing your desires of spiritual partnership. That which you still hold in resistance to this call begins to make itself known, state your intentions for grace, and gentle transformation ask your body elemental to go lightly. Remember divine love will be your guide.

**Obsidian - Clear Thought (Glass Mtn. CA)** Enhancing obsidian's property for stable balance of polar energies, this particular essence offers assistance for clear telepathy, clear thought and super source connection. Taking this essence will facilitate the feeling of ease with the scope of interspecies connection available.

**Opal (Peruvian Pink) – Heart Awakening** This essence is wonderful for moments, months or years of spiritual awakening. Pink opal offers a calm, soothing vibration of renewal; for inner knowing, healing, purity of love, and conscious inner connection to other planes of reality maintained through a meditation practice. Lady Nada encourages the use of this essence to smooth the way through rocky times of integration.

**Payson Diamond – Universal Logos** In reciprocal flow, connect with a clear light, direct link to Melchezidek, the being known as our universal logos. Open to the choice of being your highest expression in this lifetime.

**Peridot – Applied Intelligence (Scotland green olivine)** An essence for rejuvenation on the physical level, peridot offers the gift of clear communication with all aspects of your earthly form. It is most useful during aspect integration for conscious understandings and maintaining the present moment in peace and acceptance. When working in large group energies, this essence strengthens your auric field in harmony with truth and can help assimilate source 7ugelite light or deflect psychic data with perceptible discernment to the level you have chosen.

**Phenacite – Activation** When your choice is to open to new levels of spiritual growth and practical physical application of inner wisdom, Sugilite supports the connection and conscious use of one's etheric energy (chakra) centers and light body. It activates further expansion and purification of the third eye center and clear telepathy, guided by various masters of earth's ascended mastery in world service. Open to your creative, intuitive potential. When you feel stuck, and in a box of limiting beliefs and old structures, let Sugilite clear the path to step into a new awareness and structure for living, lighter.

**Phosphosiderite – New Stability** This essence addresses the sense of overwhelm. From current events, too much information, and sensory overload. Nature offers a new stability with phosphosiderite, to assist mental, emotional, physical and spiritual stability in sequence and balance each individual requires. Experience the flow and grace you can call for in your assimilation of new source energies arriving to earth. Find a new perspective of acceptance in quantum awakenings and healings as they are revealed to the public.

**Quartz - Prosperity (clear Himalayan, India)** Use this essence when working with the Goddess consciousness of abundance through time and country. Prosperity comes in many forms, which do you call forth? On all levels, be aligned prosperity in every cell of your divinely human form. Claim prosperity present time, here and now.

**Quartz – Merlin's Gift (clear Tintagel, England)** Follow your dreams and remember your love of God in nature and the co-creative gifts of your own Christ within. Miracles, magic and mystery divining entwined by love.

**Rhodochrosite – Mother's Love** Heal the wounds of the child within who did not feel their mother's love. Balance the will and heart centers to transform the past influences so you may know the present moment in its truth, in peace, and in love. This essence can be used during pregnancy, combined with our Morning Glory Blend – Motherhood garden essence to align and strengthen mother and child communion, and create clear channel of love.

**Rhyolite - Bridge of Legends** For bringing the best of the best through time into the resonance of now. First within you and then how you will express your knowledge and wisdom as a living example. Use with Obsidian - Clear Thought, Garnet - Success and Granite - Living in the Moment. Direct your best gifts forward into new potential and possibilities and certainty of your intentions and co-creations. An earth-grounded fast-track essence to be sure.

**Ruby – Divine Heart (Betrox Madagascar)** This essence can be utilized in balancing and directing the merging of your inner earth element (life force) and your divine spiritual fire (crown & heart centers) for self-realization. Enter the divine heart of the Oneness and travel the spiritual realms of being. Gain knowledge and return with love and wisdom to be offered in purity and truth.

**Sapphire – Compassion** This essence offers a connection to the many teachings of the second ray of love wisdom. It brings an invitation and sense of compassion for oneself, others and your life's situations, that will go to the DNA level in time. The vibrational qualities of this sapphire can bring understanding, and compassionate healing to issues and experiences of extreme polarity and abuse when used. With intent, one can find compassion with little drama or trauma processing. The choice is specific and complete.

**Selenite (Utah) – Divine Flexibility** Be open to the alignment of sacral energies as you connect more fully with your higher self. Balance sexual, sensual, and spiritual use of your creative center and life force. Allow the frequencies of separation, fear and abuse to disperse and flow without the drama of process. Open to the flexibility of compassion for humanity's beliefs, behavior and behold a world of peaceful coexistence through your new perceptions.

**Seraphinite – Enlightenment** Turn on the light! Enhance self-healing, open the flow of energies through spinal cord. Assists the balance and clearing of all subtle bodies, flushes the electrical system, chakra system, and promotes a deepened connection to your angelic guides and archangels. Encourages an aligned crown chakra and enlightened knowing.

**Serpentine (Noble) - Nature's Zing!** When the universal and natural laws converge to uplift your energies when you call for a boost, a zing of positive momentum. Assists new pathways developing for clear pure expression and utilization of your body's source power.

**Shale (mancos) – High Vibe Bentonite** Detox Procrastination. This essence pulls together vibrations and frequencies that your physicality wants to transform, sluff and purify your form, fields and lightbody and disperses them into pure life force.

**Shattuckite – (polished) – DNA Translation** Work with Shattuckite when ready to align DNA levels of cellular memory of your soul to your I AM and Divine Blueprint. Repair the electrical system's ability of communication on all levels of being so it may begin to translate ancient wisdom for use in this lifetime. Facilitates ability to channel clearly who or what you intend. Utilize life force and power in balance. When focused on healing a dis-ease, allow this essence to empower your intention for perfect health and proper functioning of the divine blueprint in your DNA. Useful in transformational work to clear cause, core, record and memory of a particular issue, life or blockage on all levels.

**Smithsonite – Union & Communion** Whether for inner or outer union, this essence signals the electrical system to balance and reconnect, where experiential memory of fear and separation has short-circuited the ability to be in the flow of oneness. Utilize this essence for inner travel and meditation, to commune with your angels and guides. Bridge communication issues in all forms of relationships so you may accept new energies and inspiration. Your body elemental uses this essence to support the immune system and facilitate mineral balance for the body's metabolism.

**Sodalite – Courage & Endurance** This essence can be used when life situations seem overwhelming and out of alignment with divine will and divine timing for you. It urges clear understanding of self – responsibility and knowing of what actions may be taken to bring about the return of balance. When fear patterning would have you first run from the experience, stand still, pull in your fields, call for the energy of self-love to surround you, access the choices and take action. Your body elemental utilizes this essence to reconnect the chakra system for alignment to higher planes of consciousness so fear patterns may move as energy without taking control.

**Stilbite – Detox** Facilitate your body in eliminating built up toxins, on all levels – etheric to physical. Opens the body's ability to utilize pure creation energies that are undefined wherever it may be needed. Helps to clear negative thinking that may affect creative inspiration and projects.

**Tiger's Eye – Stable Integration** Feel comfortable with assimilating new light, energies, retrieved soul aspects, multi dimensional information, or rapid changes in your lifestyle. Feel clear and certain of knowledge gained and how it pertains to you or others you facilitate. Tiger's eye is a perfect essence to use when expanding into conscious awareness of multiple realities or daily multi-tasking. It offers a grounded perspective of change and strength for making dreams and heart's desires come into manifestation.

**Topaz – Law of Attraction** When you are ready to consciously take charge of your life and the choices you put out to the universe, this essence will be of service in the recognition of the divine light that you truly are. Allow topaz to call to you true love, success, happiness, joy, illumination and enlightenment, play! And more. Attract all the qualities, things and the states of being that make life an exciting and enthusiastic wonder to live. Attract the integration of the divine blueprint at DNA levels. Enhance creative visualization. Awaken the mastery of manifestation. Use with any expansion or as a veil is lifting, inviting balance in all stages, steps and levels of integration.

**Tourmaline (green) – Heart of Gaia** Deep heart opening and awareness. Balance polarities with understanding. Allow divergent beliefs to find a common ground in which to balance and communicate heart knowing. This essence comes as a beacon to BE in wholeness, balance and peace. Made in the Teton National Park this essence connects with the planetary heart of Earth Mother, Gaia, and the healing wisdom of the emerald ray. This essence offers assistance in balancing polarities and inspiring a dynamic solution to your perceived situation

**Tourmaline (watermelon) – Commitment** Can you commit to self first in taking care of your needs and requirements? Living in Self Love, knowing when you truly do commit and are filled with the love of life's offerings, only then can you give to another in balance, in freedom, with grace and compassion. Imagine from this fullness, peace and commitment and experience heaven on earth. This essence was co-created to assist dissolving co-dependence into co-empowerment through the doorway of self-love.

**Unakite – Moving Forward** Break free and create a new foundation of self-expression in the world. End procrastination caused by the beliefs you have accepted about “no good enough” “too hard” “not acceptable”. Accept your divine gifts and inner power and begin to share what you know from the heart. Yes it is new and so are you! Magnetize new jobs, skills, adventures, and spiritual guidance. This essence flows in reconnection to align your clear channel to the spiritual hierarchy and ascended masters. Unakite super charges one's awareness to their spiritual truth in times of stormy or chaotic times and experiences. Ground new understandings, opportunities and inspirations, be open to meeting new members of the family of light.

**Variscite – DNA Resolution** Gently allows the body to upgrade the electrical and nervous system to flow with the activation and integration of the Adam Kadmon light body so it may function in the human form.

**Vortex (Red Rock) – Beauty Way** Many vortex energies merge to create this essence from gathered red rock sandstone. It is a vibrational invitation to walk your divine path however it is created for you. Receive the energies of Sedona available to you where ever you may be. Your body elemental utilizes this essence to open stored cellular “gifts” such as avenues of creativity, spiritual focus and balance from distractions of the mind, recharging your vitality for life itself, as is acceptance for others varied paths and activation and grounding of celestial soul knowledge brought forward from other incarnations. And much more.

**Woodworthia – Divine Supply** Consciously invoke universal support to draw to you, your divine supply. Where are you along the collective scale of human thoughts and feelings about your abundance, prosperity, money, health, and needs you have foremost in your mind. Are your desires clear and focused? Are your thoughts aligned with feeling worthy and excited about receiving and experiencing your desires and needs fulfilled? Let Woodworthia assist you in aligning and receiving your great good. Transform cellular memory of stealing. There is more than enough. Transform greed and hoarding. Experience the flow of your divine supply.

