



MT. SHASTA WILDFLOWER ESSENCES 1/2 oz Stock Level

Found on and around the slopes of Mount Shasta, CA.

Embodying the sacred qualities of the area merged with the particular flowers unique signature and highest dna expression. Any one essence or the entire collection is perfect for all on a spiritual path of freedom, self-expression, healing, illumination and ascension.

Alkanet – Courage (*Anchusa officinallis*) Open to the frequency of courage to embrace any experience. View or witness the events and people around you from an emotionally centered, peaceful place. Transform expectations that stem from cellular fear patterning. Allow for the truth to emerge gently in your response. In the past, the leaves of Alkanet were used as a tea for melancholy. Unravel the cause, core, record and memory of depression and choose to know love and compassion for Self and all.

Arnica – Alignment (*Arnica mollis*) Celebrate Life! Open to the power, love and wisdom gained from earthly experience. Unlock energies of past traumas held in the physical, emotional. Mental and soul levels so you may know the alignment of your higher self. Be in a state of balance. Forgive and forget. This essence is a good one to have on hand as a part of a personal “emergency/surprise” solution, when events arise that move you off center.

Bachelor Buttons – Faith (*Centaurea cyanus*) Joyful Consideration! Can you find the faith within? – When bills are due, and your physical needs seem overwhelming? Call forth the completion of all the ways you have created lack and have FAITH your needs are covered. Each day awaken your faith and discover a new life emerging. Joyfully create a life of ease, spontaneity, and abundance. Know that Archangel Michael and Faith watch over you.

Balsam Root – Fortitude (*Balsamorhiza hookeri*) Transform the “gut” instinctual fear that constricts full loving expression of your purpose. Balsam Root supports the Diaphragm and Solar Plexus chakras in aligning to highest choice, living in co-creation with your divine heart’s desires. When old ancestral emotional fear arises, call upon Balsam for the tenacity and fortitude to get to the root cause and emerge radiant and golden.

Blazing Star – Heart Connection (*Metzelia laevicaulis*) “No matter where you are placed, you are part of the One, shining brightly like the sun”. This phrase repeated over and over as the essence solarized. When using Blazing Star during an expansionary experience, an unfolding light geometry begins to radiate from the heart chakra center. It is a beacon, a resonance to love, to union, to wholeness, and draws to you like energies in support.

Buttercup – Inner Joy (*Ranunculus repens*) Buttercup’s golden mirror reflects to you the joy and excitement that is your natural state of being. Even if deep emotions rise to be transformed, buttercup is a soft gentle touch around your heart bringing peace with the process of Becoming!

Buttercup (Star) – Thy Will / Divine Will (*Ranunculus occidentalis*) Summer Solstice shines on thee in celebration of your Spirit’s Liberty! Imparts a sense of right action and simplicity to one’s life. Aligns the senses to follow the inner guidance always present in divine will, bringing a quiet knowingness and assurance of being in the flow.

Cat’s Ear (Elegant) – Inner Glow (*Calochortus Elegans*) Embrace the fullness and illumination of your own conscious connection with the planetary logos. Feel the inner glow grow brighter within your heart center. Allow and feel Nature’s support flow to you, as you open the channels wider, to BE in alignment with our Earth Mother’s ascension path. Know the power of this support, as you create, manifest, and complete each dream and soul “assignment”. Celebrate your Victory!

Clarkia – Universal Love (Clarkia amoena) Clarkia resonates to the gentle loving humility of Mary Magdalene's commitment to assist all of humanity with the union of polarity. This essence calls forth the divine feminine within us all. When used in meditation it is a powerful tool for expanding the high heart, opening more fully to Universal Love. Useful when working with Brain DeFlore's Heart of Mary Magdalene.

Clover (red) – Heart Opening (Trifolium pratense) Freeing the protection around the heart so you are free to love and be-loved, by gently unknotting emotions and cellular memories stored, Red Clover opens the heart center to be able to go from one experience to another without holding on.

Columbine (Crimson) – Emergence / Phoenix Rising (Aquilegia formosa) Use the passion of the urge to merge for inner harmony, inner hearing of your own intuitive nature. Sexual, sensual, spiritual-fire igniting the union of soul self. Move beyond codependency, and the tug and pull of mass conscious impulses to your own divinity.

Delphinium (Royal) - Self Expression (Delphinium variegatum) Communicate from the heart. Speak your truth with calm and grace even when others have a different view. This essence calls in the blue & violet rays to transmute suppressed anger and judgments that may arise as you open to higher understandings of self-expression and freedom.

Dogwood – Begin Again / Sovereignty (Cornus nuttallii) When you are ready to move forward. This essence is for the rebirthing of a soul out of abusive family conditions and memories to a place of Love – beyond fear, beyond retribution. Move past being a survivor to create a new identity, with a new view of Life in sovereign strength and independence. Many spiritually focused and lightworkers since 1999 has used it to integrate beliefs, perspective or memories that seem negative and yet hold the full spectrum of their creation. Whether lived, observed, or absorbed.

Evening Primrose (white) – Expansion / Next Step (Oenothera caespitosa) When everything you identify with; name, job, town and friends no longer bring you joy and you are asking for change... be still and step through the doorway evening primrose provides and discover what dwells within. Let your higher self show you the next step.

Fireweed – Tranquility (Epilobium augustifolium) This essence offers a centered tranquil point of reference to the world around you. . It nurtures the newborn child with the feeling of peace as it begins to feel the body's cellular warning system / memory, as the world begins to take shape around it. The word agoraphobia repeated over and over as the essence was solarizing. We had to look it up! It is the fear of open spaces, nature added and of contact with people and other life forms. This essence is very powerful in rebirthing modalities, and other breath work.

Golden Bush – Trust (Ericameria Bloomeri) Mt. Shasta's special kind of rabbit brush. This essence brings the knowing trust of heart awareness even when the mind questions and is confused. Embrace soul aspects as you travel the matrix of time calling forth integration, wholeness, completion and mastery in this lifetime. Allow and Trust! The angels urge all to open to new levels of trust in Father/ Mother God and Holy Spirit with this essence.

Iris – Inner Light / Inner Song (Iris chrysophylla) This little wild yellow iris brings an angel of destiny to guide you to your true heart's calling. It strikes the tone to awaken your Inner Light. To expand the rainbow path of your highest potential in right action, bringing into harmony the many paths you have traveled as a soul.

Iris – Sunlight on Water (yellow lake) Growing out of the mud along the shores of Lake Siskiyou, this iris appears to float effortlessly in the air, above the water, green leaves and earth. It offers the reflection of a clear receptive mind and heart to create from love, to see the love in others, to be love. It's signature, a wholly trinity unfolding in illumination. A meditation essence to be sure.

Lily (Fawn) – Innocence (*Erythronium purpurascens*) Create each day a new in childlike awe and wonder of discovery. Believe! For you can as an adult awaken such purity of heart to see the world with a new perspective, transforming fears with love.

Lily (Leopard) – Web of Light (*Lilium pardalinum*) Embrace all Life. Leopard Lily aligns the 1st, 2nd, and 3rd chakras with the pulse of primal creative power, then merges with your intuition, spiritual essence to expand soul growth and awareness. Connect to the web of light and remember.

Lily (Shasta) – Awaken Healer (*Lilium washingtonianum*) This very special lily essence triggers the awakening of cellular healing skills developed in others times and places. When it is your timing to claim the I AM a healer within, Shasta Lily will support you to gracefully receive and share your gifts.

Lupine – Inner Teacher (*Lupinus argenteus*) Be wise. Know the highest truth and understanding of any relationship, or experience, with compassion. Lupine connects you to the teacher, observer within, the part of you that knows the outcome of any choice you may make, and teaches you to ask “Is this in my highest good for completion, for wholeness?”

Madia – Divine Inspiration (*Madia elegans*) Be bright and soul present, open to the inspiration that comes from within, from your divine connection to Spirit, the One. Let your natural gifts and talents emerge. Feel the peace and pleasure that comes as you allow divine inspiration to flow through you into the world. Know it is time and it is safe to express your divinity!

Mahala Mat – Grace (*Ceanothis prostratus*) Can you? Will you? Accept grace to lead your life experiences? When? Smile and say yes! Supports the awakening of who you truly are with Grace. Drop the concern of keeping a low profile out of protection and allow grace to be the foundation upon which you stand. Embued by divine Mother Mary’s healing blue ray. Allow grace to fill your day and guide you in every way.

Mission Bells – Integrity (*Fritillaria lanceolata*) The strength and integrity of Spirit to fulfill your mission. Complete seeking for the grail, and know the chalice resides within the heart of you, flowing with love, wisdom and power. Be fully present, here now, in harmony with nature. This essence, like apple, holds open a doorway between realms. It facilitates clear telepathic communication with the devic / nature realms. For many, it will assist the harmonizing of Pagan and Christian religious beliefs that have been in conflict through many life embodiments.

Monkeyflower (Seepspring) – Recharge (*Mimulus guttatus*) Made during a day full moon, this essence gathers diverse energies and imparts a wonder and awe of union and unity. It offers the vibration of direction, of highest choice when feeling confused or fatigued. Great for group gatherings. Made where water emerges from underground, it carries a vitality to refresh and recharge after a busy day. A hummingbird joined us with its joyful exuberance as guardian and guide. A true reflection of the energy this essence has.

Onion (Wild) – Free to Be / the Spice of Change (*Allium parvum*) Ignites the flame of Freedom, to burn away all the ways you have held onto limitation of any kind in your life. Remember the alchemy of Being – holding onto nothing that is not of your soul and source essence. In freedom and in joy send back any energy you have picked up along the way to its source. Free all your senses move into the flow of that which you choose to create.

Orchid (White Rein) – Sweet Surrender/Patience (*Habenaria dilatata*) Patience is a gift we give ourselves when it is not divine timing. Gather the lessons of life and let wisdom arise from its dramas. Surrender in quiet strength to your highest good, your deepest union of Self and source, joy is sure to follow.

Oregon Grape – Perspective (*Berberis Repens*) New moon, new perspectives. Changes the focus of one’s awareness out of the depths of survival. Say I choose thrivial. Addresses energy blockages in liver, thyroid, and throat chakra. Supports the soul’s choice of spiritual perspective, the eye of the eagle in this dimension

as one transforms lower emotional energy in the dreamstate. An eagle flew overhead and a large rainbow lizard watched over this essence being made. Where do you choose to place your focus of awareness?

Paintbrush (Indian) – Inner Traveler/Inner Visionary (Castilleja) Expand your inner sight to communicate with your body for healing; or creator for inspiration. Your intention points the way. If willing, this essence will take you on a journey to a memory that calls for healing, or on a vision quest to see how wondrous Life can be. Opens the path of kundilini, taking you into broader perspectives. Be the Artist of Life! Paint a new reality!

Pasque Flower – Liberty (Anemone occidentalis) Awaken and expand the Golden Christ flame within. Be the change you have called forth in the world now. You will assist the anchoring of the golden flame of liberty for humanity and planetary consciousness as we enter the Golden Age. This essence aids in balancing and integrating energies when used in group meditations or soul integrations. For practitioners it expands many healing rays with the gold ray of Peace.

Penstemon (Blue) – Quiet Messenger (Penstemon heterophyllus) Peaceful, calming, with dignity the Aquarian energies are accessed. Opens the crown and pineal gland to assist consciously integrating As Is Acceptance, and the new paradigms of one heart, one home, one family, global, galactic, universal. Listen for the messages of your one source Self, guiding you into wholeness.

Phlox- Truth (Phlox speciosa) Addresses issues of authority, and old paradigms of power and control held in the solar plexus. Transmute psychic thought forms with divine love and realize your truth and trueself beyond your past, what others believe and project, to discover your true nature. This flower appears as 5 hearts meeting, pointing to the center. Focus on love and the truth will emerge. Your body elemental uses this vibrational signature to uplift memory held in the perception of grief. “May the truth will out” is a doorway of freedom each may discover when willing to know, to change, to source, to allow and become alive with purpose and expression!

Pretty Face – Self worth (Triteleia Analina) Be the Divine being that You are! Look within, allow the body to relax, and gently move the energies of deep core beliefs of the soul and self-worthiness into wholeness. Open to your true heart’s desires and your mastery. Be fully present in your earth self.

Rose (Dog) – Love’s Beauty Within (Rosa Cantina) There is an elegance and beauty within us all, let yours shine. Tap into this radiance of self, embracing issues of self-esteem on all levels. Be the divine reflection that you are. Dissolve self-judgments into self-love and watch how those around you respond as the real you opens to be seen.

Rose (Wood) – Love’s Knowing Within (Rosa Gymnocarpa) Eases the doubts and concerns of physical separation from those you love, as you journey forth following your inner guidance. Draw upon your own resources, releasing co-dependent patterns and attachments. Connect more fully to the Christ within and receive the strength of love and knowing that follows.

Salsify (Purple) – Stable Balance (Tragopogon porrifolius) When you feel like you are walking on a tightrope. Purple Salsify creates a transmuting synergy and stable foundation for integrating energies after a soul expansion. Useful in blends! Helps to establish a firm sense of being centered and balanced. Call upon the violet ray when using this essence to send forth its transformative light to a soul aspect you are calling to embrace, as a small child coming home to your heart.

Self Heal – Light Harmony (Prunella vulgaris) Unlock the seal of separation, feed the spiritual hunger of the soul. Begin to feed your lightbody with light. Call forth that which nourishes and nurtures your body, mind and spirit so you may lead a healthy harmonious life. Assists the body to utilize minerals and stored nutrients while fasting.

Shooting Star (Alpine) – Independence (Dodecathean Alpinum)

What independence did this essence called forth? Release attachments to the tug and pull of others plans and schedules. Claim your own individuality in the divine flow. Be at Peace. Move with an awareness of freedom and cooperation in your Life activities and enjoy!

Skyrocket Gillia – Thrive (Ipomopsis Aggregata) Experience the new energies grounding through your root center in the harmonics of love. Skyrocket helps to bring the body, in balance; “up to speed” as the earth itself changes. Connect the circuits to your higher light and knowledge and complete the tasks at hand with direct, clear purposeful action, and enthusiasm for Life. Let go of “overwhelm” and celebrate thriving instead of just surviving!

Solomon’s Seal – Ancient Wisdom (Smilacina racemosa) Use daily life experience as the initiate’s path to awaken the conscious wisdom of your soul. Keep the wisdom and let the ancient fear teachings transform, so you may be a living master. Remember how adept you truly are. Accept the mystery, open Solomon’s seal and be free.

Stickseed (white) – Travel Light (Hackelia Californica) Whether traveling to the neighbors, or a new country, bring Peace to the gathering of diversity. Named for its propagation technique of the seeds sticking to anything that touches it, this flower truly offers the vibration of acceptance and allowance of diverse energies uniting. Travel light in a gentle softness that harmonizes diverse energies so you may receive their many gifts.

Sunflower – For Men Only (Helianthus annuus) Made in Mount Shasta on the Autumnal Equinox, to offer assistance to men of any age to integrate feminine aspects of their soul. This essence brings balance to male/female paradigms and soul whose male aspects or masculine beliefs seem to control this lifetime. In later uses it has shown to deserve the devic name of power up! Specifically helping shift the energy rushes of powering up core energies, your inner generator as you shift from survival to thrivial frequencies by choice. Power up harmony and pleasure.

Sunflower (Woolly) – Inner Child (Eriophyllum lanatum) Remember the child knowingness of the Divine. The absolute nurturing love presence from Source, Life, the One. Let this love light fill you from within. Remember your true divine nature.

Thistle – Merkabah (Cirsium Vulgare) This essence helps to stabilize the merkabic fields/tetrahedral geometry, around human and animal alike during energy fluctuations. For some it will also awaken a cellular memory of fifth dimensional earth communion.

Tulip (Shasta Star) - Confidence (Calochortus Shastensis) When doubt creeps into test your intuitions and choices, call upon this essence to keep open the connection to your I AM. Trust in your heart’s voice and be confident as you live your soul/heart’s desires in communion with nature.

Golden Violet – Earth Stewardship (Viola douglasii) New moon, new openings to the ancient wisdom of the wheel of life, the medicine wheel. Travel to the center of your being to absolve judgment, anger and sacrifice into compassion. Allow the flow of our Earth Mother’s love to dissolve away these bands of cellular memory and shows you a gentler path of stewardship. Stable, whole, in harmony and wisdom with nature.

Yarrow – Insight (Achillea landlosa white) Unites old medicinal uses to the new energies and awareness’ within the spiritual “flower” brain of those whom take it. With a new sight, experience a stable quality to juggle many avenues, tasks, and personalities at once. Be aware of the whole, even in current diversity, ending patterns of defense. Create a new vision. From deep dream states, awaken the insight of soul awareness.

