



SEDONA WILDFLOWER ESSENCES 1/2 oz Stock Level

Acacia (white thorn) - Ascending (*acacia constricta*) This shrub has called to be in the Vortex essences of Sedona, which begins a new grouping of shrubs. Fragrant sweet golden round spheres of light can best describe the flowers. So sweet in fragrance and enveloping support for humanity and sentient life. This shrub flower offers the matching frequencies of the ascended earth consciousness some call Vywamus. Joyful, harmonious and strong this essence offers a vibrational magnet that pulls you higher in frequencies as you join more consciously with the super conscious collective of earth workers, light workers and the cosmic wisdom teachers.

Anemone (desert) – Common Ground (*anemone tuberosa*) Become aware, align, balance and clear any distortions from your field and awareness of the group you are in or facilitating. Allow the vibrational gifts of this flower to assist your understanding of the pulse, focus, frequency, and needs of your group and how you may inspire and serve the greater good. Harmonizes and balances energies that would normally conflict or negate a cooperative or peaceful interaction.

Bindweed (pink hoary) – Playfulness (*convolvulus equitans*) When you have seemingly, lost your sense of humor and light heartedness, let this hoary pink bindweed come into your life. It's playful winding around and through it's environment without choking gives clue to its ability to turn obstacles into a jungle gym in the playground of experience. The pale pink color frequency softens the most serious of minds and wills to open to the opportunity to renew the awe and mystery of your life. Is it time to remember how to play in your own unique way?

Bladderpod – Peace (*Lesquerella arizonica*) I AM Peace. Embrace tolerance for soul family healing. Nature calls forth Peace where once humans met to plan and energize war, as Father Earth/ manzanita surrounds and supports this evolutionary change. Integrate one's "pissy parts" in balance as you piece together soul aspects in peace. Realize the power of planetary masculine energies aligned to manifest global peace. Still very vital in calling forth World Peace, this essence was made April 13th, 2000 in preparation of the global peace meditations on the following 23rd.

Blue Dicks – Freewill Choices (*Dichelostemma pulchellum*) Mastery comes as one awakens to the truth of responsibility and understanding our very thoughts choose how we will respond to our own creations and co-creations. What we choose to believe and act upon will become our life experience. As daunting as this may seem, the process of choice when aligned to how you choose to feel can be simple and rewarding. Learning to know what is your own choice and thought is essential. Companion essence to Hyacinth (desert) - Yes I Can

Buffalo Gourd – Synchronicity (*Curubita foetidissima*) This essence assists amplifying your awareness of meetings, and events created to fulfill your prayers and stated desires. Coming from a place of gratitude for what you have now, step into the flow of divine action and prayer manifesting abundance through focus, decree and inspiration. Dissolve the worry of "how will I" and accept the gift of grace and synchronicity as your spiritual guides and angels light up new paths and possibilities for you to choose to travel in soul fulfillment.

Cactus (Hedgehog) – Crossroads (*Echinocereus enneacanthus*) Four directions, four bodies, stand in the center of each moment and create. Make new choices along your life path in balance, harmony, guided by your internal guidance system, your feelings. Stand in stillness, breathe, and seek some thought that allows a good feeling. Let the guardian butterfly of this essence attack transformation in a light way. Receive an inner knowing of your next step and direction into wholeness. Find things to celebrate. Enter each crossroad moment in willingness to make conscious decisions with grace and ease.

Cactus (Prickly Pear- yellow) – Gateway (*Opuntia phaeacantha* var. *discata*) Step through the gateway into the Aquarian Age. Made with the building energies of the 1999 Summer Solstice this essence offers the opening of crystalline awareness. Dwelling nature of stillness within, where knowledge is in Being. Call to you that which you require, and be. Communication with the crystal kingdom, a vast library of earth's records is enhanced.

Cactus (Tree Cholla/magenta) – Structure (*Opuntia imbricata*) This essence's vibration when taken orally expresses the ability to recognize dna activations and create or magnetize the necessary transitional frequencies and pathways within the human electrical field to assist the integration of universal lineages of one's soul aspects into the human cellular structure. It helps to dissolve crystalline blockages held in the physical body, allowing for the gentle flow through the stages and levels of soul integration and/or expansion invoked by the individual.

Caltrop – Natural Bliss (*Kalstromeia grandiflora*) Maintain an inner state of peace, calm, grounded ecstasy and feeling of bliss. Embrace a conscious experience of creating how and what you feel as you live the life of your thoughts and manifestations. This essence is nature's commitment to provide vibrational encouragement to continue on your path of enlightenment and illumination. Let

Caltrop be the frequency used in achieving your own state of natural bliss.

Ceanothus (White Desert) – Paradigm Shift (ceanothus greggi)

For use when you are intentionally connecting to, and flowing with a paradigm shift in human consciousness. Whether there is known resistance or misalignments within your being, Ceanothus generates a reciprocal flow with the changing energies so you may adapt easily and gracefully. Allow your body's innate intelligence to accept the vibrational gifts of this essence in the years to come and discover the wonders your higher self has ready to bestow upon you.

Columbine (Golden) – Ease (Aquilegia chrysantha) Nature communicates the interconnectivity to the plant kingdom and Spirit. Fairies in flight, along Oak Creek guiding you to inner knowing and the natural way to teach and share it. When you have chosen to speak in front of a group, let this essence support you speaking from the heart with ease. "Share the visions of realms afar, speak your truth, and there you are"

Coneflower (Cutleaf) – Transition (Rudebeckia laciniata) Break through the illusions and denials of separation beliefs deep in cellular levels of your body and being. Cut through immunities in freedom to transform things that are burdensome. Transition from one condition or state of being smoothly to embrace what makes you happy, peaceful, blessed and joyful. Honor your inner truths. This essence works with the immune system to bring balance.

Cream Cups – Stillpoint (Platystemon californicus) Stillpoint, the doorway of balance in integration. When events in your life awaken deep emotional issues, go to your stillpoint, that place of center within your physical body and allow the emotion to be energy in motion, without charge. Energy being redirected without drama or trauma. Many will sense their living correspondence to the Universal Logos, Melchizedek with this essence. Open to inner knowing of your own connection to the orders of Melchizedek and Universal Law.

Daisy (Blackfoot) - Peaceful Crystals (Melampodium leucanthum) This essence offers the frequencies of cellular peace in expectation. Helping calm how your body, mind and being responds to new frequencies arriving with each solar shift. Strengthens the abilities of earthworkers and sensitives to clearly understand "warning" announcements from the earth when changes are imminent. Assists in unique source alignments to one's light body during each influx of conscious expansion. Feel comfortable with the speed of change.

Dandelion – Awaken Your Core (Taraxacum officinale) Present here now! Use Dandelion to receive! Take when you desire power up your core for joy, for happiness, for growth, for thriving, for serving, for giving, for ascension, for the good of all. A deepening of the original mother essence made in 1998 and refreshed with a new mother in 2012, Dandelion expands the frequencies of conscious connection with the planetary core as you awaken your own inner source core and unite with the collective community of earth masters. At your core, you are sovereign and unique and connected in the creative forces of nature. Feel your power, as if it were an undulation reaching far into source creation accessing all that you ask for and then flowing back for you to receive.

Datura (Sacred)- Pilgrimage (Datura meteloides) The old merging with the new. Shamanic journeys in harmony and union with the christic energies of Mary and the ascended masters. Nature's reverence to creation. In freedom, release and transform the fears of old paradigms and beliefs with inward reflection and see one's salvation in self. Open the portal of the ancient within. Balance the wildness with the social union of the new. This essence assists the healing of psychotropic substance use.

Filaree – Nature's Alchemy (Erodium cicutarium) Recalibrate with love to the new source energies blessing this earth. Align to the call of union in diversity, as your creativity soars to answer the pulse "What do we become?" when two or more beliefs are gathered in love and call to be more and more and more. Let the alchemy of nature assist you find balance with your divine dance of experience and becoming as you weave your life, passion and service into your community at any level... Filaree helps co-create the best and good of all life for YOU!

Globemallow – Adaptability (Sphaeralea orcutti) Activate and anchor your Adam Kadmon Body of Light. Receive the gentle yet dynamic changes occurring for humanity now. This essence vibrationally encourages the dissolving of resistance at a cellular level, and in the mental and emotional belief patterning. Be able to adapt to changes in your body, mind and spirit in divine flow and timing.

Globemallow – Creative Flow (Sphaeralea orcutti) Earth Mother, Ancient of Days, the feminine source gathering of joy, fire, beauty, splendor, and majesty of earthly creativity. Made near Bell Rock, the Lady masters offer the softening power of love in guidance for daily living. A vibrational calling card for divine creative manifestation. Use when starting any new project, for aligning with the highest potential outcome. Then flow through the "process" of creating with clarity and ease.

Heliotrope – Cosmic Brain (Phacelia distens) Assists in the body to build new synapses in your brain pathways to establish aligned and well balanced and conscious communication to greater venues, collectives and great cosmic beings such as the Elohim.

Honeysuckle – Free Spirit (*Tecoma capensis*) Though born into this world through the veil of forgetfulness, you are a free spirit. You are a divine child of love and light, of your creator here in mastery of full sentience. Learning and remembering, choosing and experiencing moments of co-creation with other free spirits. Sweet, sensual freedom guided by your spirit and heart.

Hyacinth (desert) - Yes I Can! (*Dichelostemma capitatum?*) "Yes I can... in the soft and quiet moments of my heart connection with the cosmos, I find the ways and means to be myself, to be my dreams, to simply be..." Anything is possible if you will shift your mindset and believe and follow what feels right and true and good for you. The companion essence Blue Dicks - Freewill Choices was made in 2010. Encouraging you all to step up to and through the doorway of your happiness.

Indigo (Wild) - Telepathy (*Baptisa sphaerocarpa*) This essence was made to assist clearing conditions, patterns memories blocking heart sent telepathic communication. When considering one mind realize the discernment in knowing is the thought yours, is it in your best and highest interest, does it make you feel good? Indigo will assist discovering many forms of denial within self to understand the paradox of living in this time. Though called indigo only the buds are that color. It opens to the brightest golden yellow.

Lupine (Silverstem) – Conscious Living (*Lupine argenteus*) When you realize that you have been running your life by agreement with thoughts and beliefs of others truths that need a upgrade and change, this lupine essence will enhance the discovery of your own authentic choices and genius thoughts and inspirations. When you wish to become aware in understanding how you are creating your reality, lupine will spark and ease of knowing while inviting harmony within as emotions move into alignment with your desires. **On the day of making:** "Everything is always working out for me/us/you" This Lupine trinitizes the other two Lupines of Vortex essences from Mt. Shasta and the Tetons, creating a new level of frequency available for Conscious Living. There is a focus of attraction, attention, alignment and appreciation. Nature spirits, the lupine deva and nature create a profound visual display of colors and waves of energies as this merging of the three geographical areas grounds into the Sedona network. The fragrance is strong as a perfume yet delicate and fresh. A squirrel joins us, sitting dazed in wonder at the sight until done and then goes about gathering up food.

Manzanita – Wholeness (*Arctostaphylos pungens*), Sedona. Say yes to BE in wholeness, to LIVE in balance and freedom. This essences vibrationally assists in the clear light transformation of group soul ties of polarity, Complete the tug of TIME TIES as the devas call them, and flow in your divine timing of self illumination unimpeded Are you ready to LOVE all aspects of you? This essence enhances the soul signature - the sacred tone of your true nature and unique source self. For animals, a sense of well being is enhanced as the incoming energies affect their soul ties as well.

Marigold (Desert) – Welcome (*baileya multiradiata*) This essence supports the balancing of fears related to feeling welcome by individuals or groups. It is wonderful for taking before speaking to an audience, when meeting new people, arriving in a new village, town, state or country. Share your creations with joy and welcome. WELCOME is a frequency bestowed vibrationally when someone comes to earth to experience all life can offer and share their own life wisdom along the way. When you say or think the numbers 4-4-3-10 it is a universal energy boost for feeling welcomed anywhere your go. Nice for new interviews, gatherings and meeting new folks in all sorts of situations. Play with it and you'll see the boost, take the essence as you do to lay new alignments in all areas of your life.

Morning Glory (Field) – Awaken (*Convolvulus arvensis*) Diurnal flow. Conscious dimensional shift. Adjust to your own natural flow and timing of conscious awareness for you in this dimension. Awaken, clear and alert to remember insights from your resting, dream states. This essence assists balancing scheduled awakenings so they are no so "alarming" when taken before going to bed.

Nightshade (Silverleaf) – Digest (*Solanum elaeagnifolium*) Parts of this plant, also known as horse or white nettle, have been utilized as a protein-digesting enzyme for cheese making, and the curdling of milk. Nature offers the flower essence, as a gentle digestive, transmuting tool for energies held in the GI tract. From emotional eating to the cook's anger imbued in the food, to non-organic sludge, open the electrical circuits and help keep them clean, energetically that is.

Ocotillo – Sacral Center (*Fouquieria splendens*) Express your creativity into the physical world in balance. Move out of emotional challenges and filters into divine inspiration and response. This expansion can occur at all stages and at all ages, manifesting pure creative energies for one's projects, plans and desires. Help to create a world based on Love, when you focus on harmonizing second chakra fear patterns.

Owl's Clover – Responsibility (*Castilleja exserta* formally *Orthocarpus purpuransens*) Allow yourself to know consciously, what you are responsible for. This essence assists in becoming aware of moments where you have taken on another's obligation and energy. Let Go Let Flow, in the ability to respond in your creatorship and complete soul agreements in divine order and grace.

Paintbrush – Reality Check (*Castilleja integra*) This essence grounds and aligns the visionary, inner traveler qualities of consciousness to the 1st ray of divine will. Become aware of the illusion and delusion of your fear based manifestations and transform them, turning the energy returned into positive, light hearted joyful authorship of your actions. Supports the triad of paintbrush with the ability to call forth a reality check in harmony with your greatest good.

Passionflower – Divine Reciprocity (*passiflora caerulea*)

In governance accept the ability to regulate and maintain source influence of your body systems for the integration of new chakras and alignments. Let passionflower be your vibrational divine connection for direct communication with your inner source guidance. Become the director of your path free of outside environments and pull of collective beliefs while able to access your service and place in the flow of humanity's growth and illumination.

Penstemon (Bridges) – Divine Purpose (*Penstemon bridgesii*) Awaken your passion, focus and intent of divine purpose in this lifetime. Allow your body to adapt and flow with the true source nature of who you are. Be a grounding dancer for creation and know how to best serve your own ascension with this earth. The mother essence of this particular penstemon flower species has been made twice, as many other mothers have in Vortex Essences, as guided by Gaia to enhance the full spectrum (or broadband width) of frequency assistance to serve in awakening self knowledge of one's divine purpose. As it is released for use, the older one is poured back to the land in appreciation of nature's alliance. Always an euphoric moment.

Penstemon (Palmer's) – Mother Earth / Diamond Heart (*Penstemon palmeri*) Open to the flow of nurturing love always available. This essence helps to prepare an individual for the gift of motherhood. Soft and pink, profuse and fragrant, waving in the breeze, loving, is Palmer's Penstemon. Honoring the mothers of humanity within us all, and sparking the diamond heart energies of your union with planetary consciousness in loving compassion. A wren once known as Mother Mary's pet bird has built its nest nearby and adds its song to the moment. A blessing and a gift of Nature's sacredness.

Penstemon (Parry's) – Threshold (*Penstemon parryi*) You are standing on the threshold of something new and wonderful. Will you step forward courageously in free will? Make the changes required within you, as only you can do and become the director of your life. This essence assists in making the connection of awareness to be present and aware of the threshold moments of creation and choice presented with each new energy wave embracing the earth.

Penstemon (Showy) – Crown & Zeal Chakras (*Penstemon Pseudospectabilis*) Connect and clear the crown and zeal point energy centers. Open the channels of communication to high self, the I AM and universal guides, gently. Be open to receive your own divine understanding of events in your life.

Prickly Poppy – Freedom's Call (*Argemone pleiacantha*) Feel excited and ready to transform the energy you have used to create protective defenses against fear. Come alive and allow a deeper alignment with our earth mother. Open to the energies of mastery in balance with axial tonal alignments through various pathways. Surrender to enjoy and live your brilliance!

Rabbit Brush – Hope (*Chrysothamnus nauseosus*) Hope, the soft gentle energy that is the point of light in a veil of darkness calling each one of us into action. Offering the fuel of spirit to move out of stagnation, indecision, fear by making a conscious choice to be free of whatever the constricting force, pattern or thought is. Hope, the gentle step one takes in understanding love and kindness is eternally more powerful than fear and forceful control, on any level.

Red Maids – Cooperation (*Calandrinia ciliata*) Made as Mars/Pluto conjunct with Venus. This essence assists the gentle integration of conflicting beliefs and energies awakening from cellular memory as reflected out into your world. Transform survival fear into feeling excited and ready to co-create in harmony and honoring of all life as one, in the beauty way. Transcend personal judgments with compassion and as-is acceptance and thrive in the new age of cooperation. Many souls of many spiritual pathways joined in union to birth peace and cooperation within the red ray on the day this essence was made a story to be told in the asking.

Rose (Wild AZ) – Love's Rapture Within (*Rosa Arizonica*)

Feel source love throughout the body as grounded and stable with clarity and all knowing. Allow this essence to signal the transformation of cellular fear into love in a gentle rapture of your own divine timing. A must for chaotic stress filled days, shock trauma, or transition. Our Earth Mother loving raised this rose's vibration for five years to assist humanity in this way.

Sow Thistle – Longevity (*Sonchus oleraceus*) Nature's balance to connect and protect cellular alignment to your true blueprint. This essence encourages your body's innate intelligence to begin clearing the physical addictive desires for food substances such as additives, man-made flavor enhancers, absorbed chemicals used in non-organic farming. A great essence to support your simple and true body YUM/YUCK response. Bottom line old eating habits will change, and you will desire less and less of non-vital packaged or prepared food items. Use with Stevia to moderate sugar intake, and kick the "fake" substitutes.

Sunflower – Fulfillment (*Helianthus annuus*) Following the path of the sun let sunflower open the way for the infinite source that is waiting to fulfill all your needs, dreams and visions within your divine plan. Feel the happiness available in every breath, in every moment. Flexibility! Accept and receive. Allow the angels to help you abundantly manifest your successes, your Divine Victory in the light. Attune to your cycle from creating the seed, to bloom unto harvest of your soul's heart seeds – Fulfillment. Enjoy!

Thimbleberry - Inner Guidance (*Rubus deliciosus var. neomexicanus*) Use in meditation to strengthen your divine will and inner guidance system. Use when redirecting low vibe feelings into harmony so you can express your true well being. A tree-shrub

frequently called New Mexico Raspberry, this flower called to become part of the Vortex Family for 2 years. The area in Oak Creek Canyon where this thimbleberry is rooted is a doorway to the light realms. Take with the Lupine trilogy, Sedona dandelion, penstemon (showy) and wallflower to remember that which you are here to express and share. If you travel at night in light body to visit with guides and others working on humanities behalf, this essence will connect you with El Morya Four Corners retreat and then the entire network of established retreats and ashrams.

Toadflax (Butter & Eggs) – Expectancy (*Linaria dalmatica*) Assists in opening the electrical system of deeply impacted beliefs or thought patterns of fearful expectancies. Expect a miracle! Uncreate what you have projected into the future based on limiting beliefs. Be alive in what brings you pleasure and joy. Create a “hearty” foundation from which to create a new vision and live your miracle. Affirm I AM and know your truth that goes beyond the commonly found.

Tulip (mariposa) – Kindness (*Calochortus ambiguus*) Can you be a leader of kindness in life’s experiences? This essence connects the breaks in one’s electrical system where defense behaviors have hardened, short circuited, or blocked the ability to be spontaneous and giving when prompted by the heart. Allow your urge to perform random acts of kindness to bloom again. For the truth is, kindness always returns to those who have given it. Perhaps even from someone totally new. Join with nature in creating our world in kindness and joyful surprise. Mariposa Tulip supports mutually beneficial relationships in all areas of your life.

Valerian – Let Go! & Let’s Go! (*Tobacco root / Valeriana arizonica*) This variety of valerian brings peace and rest and gentle brain balance during expansion periods. This flower offers balance from chronic fear patterning, false fronts and trying to fit in. Relieves clumsiness based on being ungrounded.

Vervain – Pattern Removal (*Verbena wrightii*) Allow for gentle recognition of patterns in body, mind and spirit that are presenting themselves for completion, clearing or realigning to your soul’s requirements at this time. Allow your body’s wisdom to make conscious to you patterns or operating beliefs that have held you controlled by some form of fear. By affirming you will stay present, grounded and love yourself, then make the conscious choice to dissolve the pattern and balance all ways it has affected your life. The most important issue will be apparent for you think on it multiple times a day. Take this essence while asking for the issue and pattern to dissolve and love your self. Watch and accept the changes.

Violet (white) – Inner Power (*Viola Canadensis*) Awaken and embrace your power of prayer. Open to deeper faith and trust in your ability to direct your life aligned with your divine gifts and resources, guides and angels in spirit. The gentle gift of this small white flower offers a remembrance of your inner power – profound and eternally peaceful.

Wallflower (orange) – Expertise (*Erysimum wheeleri*) Master expertise in the area of your focused passion. Set the resonant tone of your great good for your life experiences. Ease concern over events and moments you are observing and have not consciously created. View the collective human social scene with appreciation before you make decisions of diversity and choices of contrast.

Windmills - Accuracy (*Allionia incarnata*) Trailing four o'clock. Windmills will pull you in to new states of awareness and pinpoint focus of being to understand the design and flow of new energies streaming from and around the planet. Windmills gives the person taking it a myopic focus of sourced consciousness within the unified field of humanity. Accurate alignment so you may deliver your intent into manifestation in harmony and union and collective collaboration.

Yucca (Soaptree) – All My Relations (*Yucca elata*) Allow for quantum healing. Fulfill the dream of your ancestors, claim your wisdom, and set yourself free and all your relations, genetic and soul groups. Transcendent portal through earthly time and beyond. “Katydid’s” as I call them opened dimensional codes and doorways imbuing this essence as it solarizes. Receive in gentle grace. Aho, Mitakuye O’yasin.